



## Don't Fit Can't Go Policy

At Go Ape we want everyone who wishes to take part in a Go Ape adventure; be that in the trees or on two wheels, to be able to. We welcome anyone provided they meet the age and physical pre-requisites to take part, as well as supervision ratios, which must be met.

**Tree Top Challenge** – All participants must be reasonably fit and healthy, a minimum of 4ft 7inches/1m 40cm, at least 10 years old and must weigh less than 20.5 stones/130kg. On Continuous Belay Challenge courses there is no age limit.

**Tree Top Adventure** – All participants must be a minimum of 1m/3ft 2inches and weigh less than 20.5stones/130kg. They **must** be over one metre in height.

**Tree Top Adventure +** – All participants must be a minimum of 1.2m/3ft 9inches, at least 6 years old and weigh less than 20.5stones/130kg.

**Zip Trekking** – All participants must be aged 13 or older and weigh more than 7stone/45kg and less than 19.5 stones/125kg. They must also be 1.4m/4ft7inches to participate.

**Speed Climbing** – All participants must be a minimum of 1.4m tall and weigh less than 20.5 stones/130kg.

**Forest Segway** - All participants must be a minimum weight of 7 Stones/45kg and maximum of 18.4 stones/117kg. There is no minimum age.

**Nets Adventure** – All participants must weigh less than 20.5 stones/130kg. There is a minimum age of 1, if the participant can walk unaided. There is no minimum height.

### Harnesses/PPE

On Tree Top Challenge and Tree Top Adventure/+ courses we operate with a variety of harnesses, as we believe they each best suit our needs and the health and safety requirements. The size of these harnesses dictates the size of customer that we can safely allow to participate on any of our activities.

**Tree Top Challenge/Tree Top Adventure** - The maximum waist measurement of the sit harness is 120cm (47 inches) and the leg loops (which go around the top of your thighs) measure 75 cm (29 inches). A Petzl Swan or Edelrid Radialis Comp Full Body harness is used which does fit a broader range of body sizes and shapes – this is also specifically used for **Zip Trek and Speed Climbing**.



**A suitable harness will be fitted and if your safety can't be maximized through correct fitting then you won't be able to go.**

If their statistics are close to, or exceed, the figures listed above then there is a possibility they may not fit in a harness and therefore will not be able to participate in the activities, which require a harness. (Waist measurements should be taken above the belly button; males weighing 18+ stone (115kilos,) and female's sizes 18+ are likely to be in this category).

**Forest Segway** - No harnesses are used during this activity, but helmets must be worn. A suitable range of sizes will be held at site to fit most participants.

If customers have any concerns regarding whether they will fit any of the equipment that will be provided, we advise that they visit a site at a time prior to their booking and speak to a member of the Go Ape staff.

Anyone who does not meet these requirements will not be allowed to undertake the Activities. It is the booker's responsibility to ensure that all members of their party meet the requirements.

Any customer that does not fit in to a harness or helmet correctly must not be allowed to participate in activities.