



SAFETY RULES

AXE THROWING

Please read these rules before you begin your Safety Brief

Axe throwing is a potentially dangerous activity. To reduce the risks, you must ensure that you and anyone under your supervision follow these safety rules and any instructions given to you by Go Ape staff. Failure to follow the rules could result in a serious accident.

RULES

- Minimum age 16.
- Participants must not be under the influence of alcohol or drugs.
- Always listen to your instructor and follow the instructions given to you.
- Entry to the range, past the spectator rail is **by invitation only**.
- Pick up your axe using the handle and look out for splinters.
- Axes **must not be thrown** until the lane is clear.
- **Do not** cross the safety line to collect your axe until axes in both lanes have come to a complete stop and your instructor confirms it is safe to do so.
- Dangerous behaviour will result in the end of your session.

BEFORE YOU START

- Please alert an instructor if you have a pre-existing injury or medical condition (including pregnancy) that could affect your ability to participate safely or may increase your risk of injury.
- Closed toe shoes must be worn.
- Waterproof phone pouches are £6 if you'd like to capture photos of your adventure.
- Our activities are fun and energetic. A gentle warm up and stretch will serve you well before you begin.
- Your instructor will happily share their axe-pertise with you- listen to them and you will soon be splitting the bullseye.
- Make sure you've been to the toilet.