



# SAFETY RULES & ADVICE

## ARCHERY TAG

### PLEASE READ THESE RULES BEFORE YOU BEGIN YOUR SAFETY BRIEF

Foreign language written translations are available from the cabin.

**THIS IS A FUN ACTIVITY, BUT IT DOES INVOLVE AN ELEMENT OF RISK. YOU WILL MINIMISE THIS RISK BY FOLLOWING THE SAFETY RULES AND ADVICE. ALL PARTICIPANTS MUST HAVE COMPLETED A RISK ACKNOWLEDGEMENT FORM PRIOR TO PARTICIPATING IN THE ACTIVITY.**

## RULES

- All participants must be over the age of 8 and physically able to participate.
- Participants between 8 and 15 years old must be signed for by an over 18-year-old.
- Supervising adults must be present for the duration of the activity.
- Participants must not be under the influence of drink or drugs.
- All participants must wear a face mask and arm guard in the playing arena.
- All spectators must wear a face mask in the spectator zone.
- Always listen to your instructor and follow the instructions given to you, their decision is final.
- Arrows must only be shot at the opposing team from within the playing arena.
- If a horn is blown during a game, stop what you are doing immediately and await further instructions.
- Always look where you are going.
- Dangerous behaviour will end your session.

## BEFORE YOU START

- Please alert an instructor if you have a medical condition (including pregnancy) that could affect your ability to participate safely or may increase your risk of injury.
- Securely fasten your shoes, tie your hair up and remove loose jewellery.
- Our activities are fun and energetic. A gentle warm up and stretch will serve you well before you begin.