



## WARNING: RISK OF DEATH OR SERIOUS INJURY

Whenever you ride a Segway, you risk serious injury or death from loss of control, collisions and falls. By applying your training you will greatly reduce this risk.

### PLEASE READ THESE RULES BEFORE YOU BEGIN YOUR SAFETY BRIEF

Foreign language written translations are available from the cabin.

#### YOUR FOREST SEGWAY SESSION – WHAT TO EXPECT:

- All participants must weigh at least 45kg (7 stone), and no more than 124kg (19.5 stone).
- Your session will start with a demonstration and training by an instructor followed by a period of practice riding in the training area.
- Once your instructor is satisfied with your group's ability you will be taken into the forest to continue your experience.
- You must wear a correctly fastened helmet at all times when operating a Segway.
- Riding a Segway in a forest environment has a significant potential for serious injury; it is necessary to maintain control of the Segway at all time.
- Immediately stop riding the Segway if you are concerned in any way about its operation.
- Participants must not be under the influence of drink or drugs.
- If you or anyone in your party have any medical conditions or injuries that may affect your experience on the activity, or if you require any additional support please notify a member of staff.
- Go Ape strongly recommends that pregnant women do not take part. If you decide to proceed you must notify a member of staff and sign an additional disclaimer.
- **Once you have completed your training you will be responsible for the safe operation of your Segway and for supervising the safety and behaviour of any under 16 year olds that you have signed for.**

**IF YOU ARE NOT WILLING TO ACCEPT THIS LEVEL OF RESPONSIBILITY PLEASE DO NOT LEAVE THE TRAINING AREA, AND GO APE WILL BE HAPPY TO OFFER YOU A FULL REFUND.**

**BY FOLLOWING THESE SAFETY RULES (TOGETHER WITH THE INSTRUCTIONS CONTAINED WITHIN YOUR SAFETY BRIEF) YOU WILL GREATLY REDUCE THE RISK OF INJURY TO YOURSELF, ANY UNDER 16s YOU HAVE SIGNED FOR AND TO ANY OTHER FOREST USERS.**

#### SAFETY ADVICE – HOW TO RIDE SAFELY:

- Always look where you are going and follow the instructor's route.
- Keep your distance – From other riders, obstacles and other forest users – give yourself time to react.
- Always be vigilant – Concentrate on where you are going and always be prepared and able to stop in the distance that you can see to be clear.

#### ACTIVITY RULES:

- Only ride on the designated trails.
- Once on the Segway trails, any under 16s that you have signed for must remain clearly within your view.
- You must wear your helmet at all times and ensure that any under 16s that you are responsible for do the same.
- Avoid distractions, keep both hands on the handlebar and both feet on the footplates whilst riding the Segway.
- Do not use a phone or camera whilst you are riding. Remember it is easy to lose control of a Segway.
- If you have any difficulties blow your whistle to alert an instructor.
- Always give right of way to other forest users.
- Pay attention to and obey all signage.
- You are not permitted to smoke whilst riding a Segway.
- At no time is the racing of a Segway permitted.
- Always be sure to step off the Segway backwards and never leave one foot on the Segway, as this can lead to injury.

**DANGEROUS RIDING WILL RESULT IN YOUR SEGWAY SESSION ENDING WITH NO REFUND. YOU WILL BE LIABLE FOR ANY DAMAGE TO THE SEGWAY AND FOR INJURIES TO THIRD PARTIES CAUSED BY RECKLESS OR DANGEROUS RIDING.**